Musturing Justice Courage Courage CONVERSATIONS

## Who We Are

Nurturing Justice is led by Clare Twomey and Kris Watson- nationally certified trainers in conversations to end racism.

Clare Twomey, M.Div., M.S. has a 25-year history as a psychotherapist and educator. Clare has also integrated healing body work into her practice and has engaged in deep study and training in the work of racist philosophies and practices.

Kris Watson, Esq. M.Div., J.D. is a seasoned facilitator, mediator, mediator, mediation trainer, and attorney at law with deep roots in the study and practice of justice.



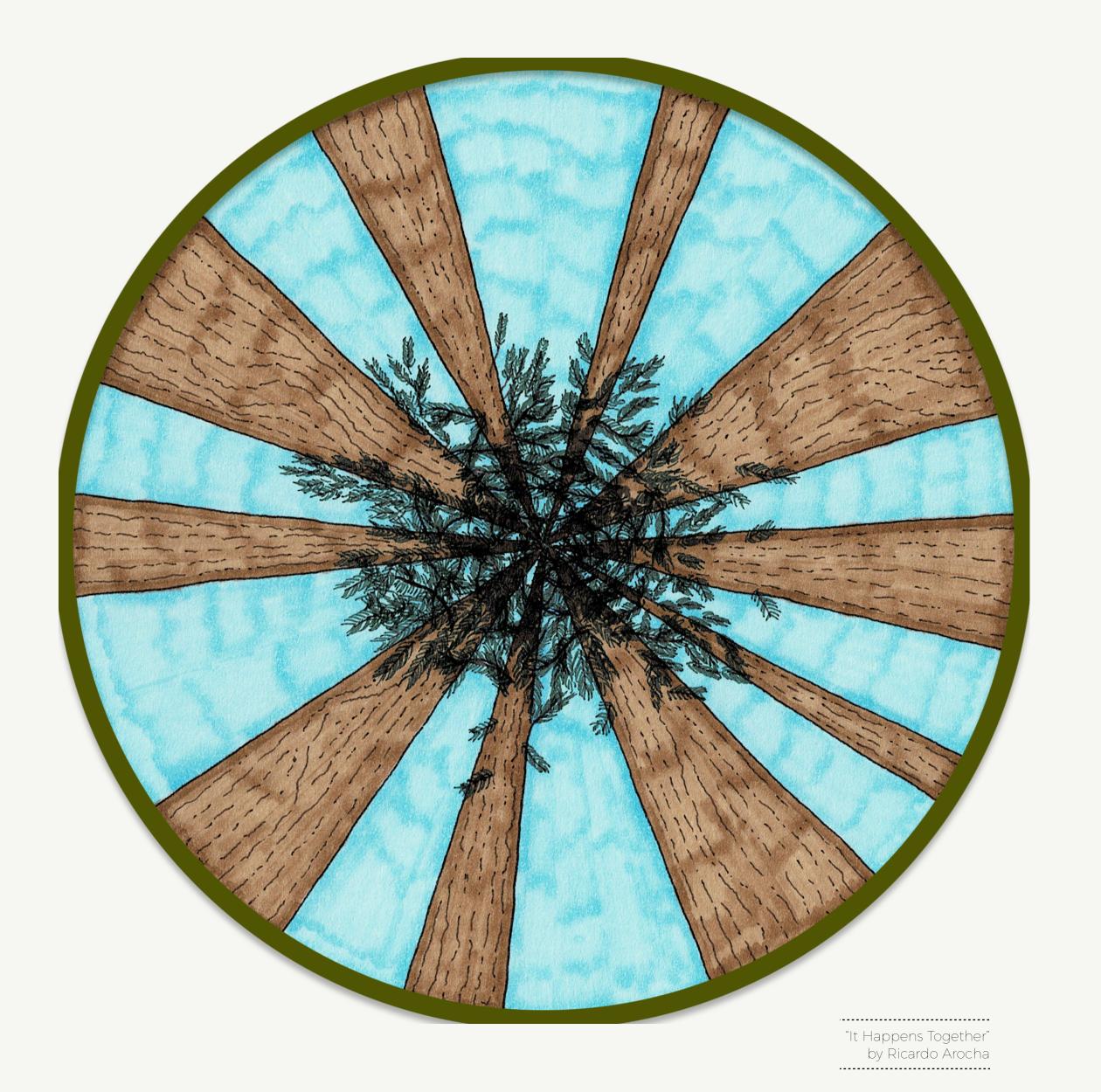
## Our Approach

We provide a unique approach to the work of dismantling racism and de-centering whiteness. Our approach:

- affirms that dismantling racism is best achieved in intentional community
- unpacks carefully curated resources intended to educate, agitate, inspire, and spark inner transformation
- leads us to build communities that will ultimately lead to systemic change



"Struggle and Snakes" by Ricardo Arocha



# Why We Do It

The work of building community through honest and open dialog on the topic of racism is our passion! We engage in this work and journey with people because we are persuaded that it is only through deep relationship, honesty, self-examination, exposure to the truth of our own stories and stories of others, can we begin the monumental task of dismantling racism.

The work is soul work, it is heart work, it is transformational and life giving in a climate that is death dealing and destructive. Through this work, we live!

While these programs offer extensive choices, we are very intentional about crafting the perfect experience for your needs. Our prices are determined based on what you or your group may require. Please contact us so that we may assist in choosing the best approach for you!

Two-day Overview Study. This consists of two 4-hour days. This brief exploration into the extensive topic of racism in the country, offering an intensive historic overview of the illusion of race, an examination of racial microaggressions, and white supremacist ideology and the role of the Christian Church in the perpetuation of racist ideas.

Participants are provided with resources for reading and viewing prior to the 2-day intensive which will be discussed and reviewed at the session. Participants will also be provided with a bibliography which will provide a roadmap for study of the complex topic of racism. Groups will consist of at least 8 but no more than 20.

While these programs offer extensive choices, we are very intentional about crafting the perfect experience for your needs. Our prices are determined based on what you or your group may require. Please contact us so that we may assist in choosing the best approach for you!

Three Month Mini-Intensive. This study begins with a 2-day intensive 4 hours each day. The group will then meet every other week for a period of 3 months. This relational study fosters a deeper dive into an individual's understanding and experiences with racism. In addition to preparing with assigned reading and viewing resources, the group will examine historical and contemporary issues that highlight the issue of race in America. This price is discounted if there is a group of 20.

While these programs offer extensive choices, we are very intentional about crafting the perfect experience for your needs. Our prices are determined based on what you or your group may require. Please contact us so that we may assist in choosing the best approach for you!

Six Month intensive. This study begins with two 2-day intensives sessions wherein relationships are forged, and a firm foundation is laid to unpack challenging material. This is accomplished over two or three weeks—4 hours each day online. This relational study demands a more extensive examination into one's person understanding and experiences with racism and the intersections of racism, and intersectional justice issues including Native, Latinx,.

After the initial intensives, the group will meet for 90 minutes to 2 hours every other week for 6 months. The additional time will allow for more process time with resources. In addition to advance preparation, this group will also be required to purchase/access required books and videos. This price is discounted if there is a group of 20.

While these programs offer extensive choices, we are very intentional about crafting the perfect experience for your needs. Our prices are determined based on what you or your group may require. Please contact us so that we may assist in choosing the best approach for you!

Six month Intensive/Integrative study. This is the most intensive and relational study offered. This study offers the opportunity for the greatest integration of material and the potential for a more permanent transformational experience. This study also delves into intersectional justice issues, proactive strategies to engage in restorative justice and dismantle racist systems.

The study consists of three 2-day intensives (beginning, middle and end of the study) with weekly 90minute meetings over the life of the study. In addition to preparing with advance assignments, this group will also purchase/access required books and videos. This price is discounted if there is a group of 20.

### **Testimonials**

"The measure of my life is leaving things better than when I started. I must make haste, find a way, know I are limited, make it count, act now. There are multiple issues/pandemics today: COVID, global warming, racism, material consumption, militarism, population and more." Larry M.





"...over the past 4 months. I have learned a great deal, though I have a long, long way to go. You put together a wonderful group of people. I especially appreciate all that I was taught by others through their fierceness, honesty, anger, and bravery. I look forward to staying connected to the Nurturing Justice Collaborative. And I look forward to continuing to work on myself, talk honestly with my friends and family, and try to move the needle even if it's just a little to dismantle the racist systems I see all around me now." Lisa

## **Testimonials**

"If you are serious about wanting to engage with racism in a deep, honest and courageous way, this is a path for you. I do recommend having a therapist or a spiritual director who you already see. I do recommend journaling and walking and breathing and meditating on your own time. But this is soul work. And its promise is not simply a fix to a problem but a transformation of an entire way of being in the world." **Thandiwe** 

"I think what I benefited most from is the awareness of how deep and pervasive racism has been and continues to be. It is important to learn the derivation of white supremacy and how racism was spawned from it. It is also important to think about where we go from here. As I mentioned several times, I'm learning things I should have been taught in high school, but wasn't, because it wasn't in the curriculum. So, revamping the education system is something that interests me." **Bob** 

Murturing Justice

through

COURAGEOUS CONVERSATIONS

Contact us at courageousjustice@gmail.com or call

Kris Watson 646-523-1936